

## ABSTRACT

### **Title**

Case report physiotherapy care for a patient with a diagnosis of whiplash injury.

### **Objective**

The aim of my thesis is to gain theoretical knowledge of whiplash injury, related relationships in the cervical spine and physiotherapeutic approaches used in this diagnosis.

In the special part was the aim of producing case studies of selected patient with a diagnosis of whiplash injury during my month work placements in the Regional Hospital Kladno, as

### **Summary**

The general part of the thesis contains theoretical knowledge of kinesiology cervical spine of injury, soft tissue status and therapeutic approach for whiplash injury. The practical part includes a case report of a patient with a whiplash injury.

### **Key words**

Whiplash injury, neck pain, stretching the soft tissues of the neck, rehabilitation.